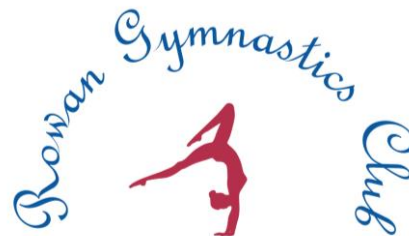


CLUB RULES

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Rowan Gymnastics Club

Unit 9 Cheltenham Trade Park
Enterprise Way, Cheltenham
Gloucestershire. GL51 8LZ.



Introduction

To ensure the safety of all members of the club and to assist with the smooth running of the club, the following rules are to be followed in conjunction with the applicable rules surrounding conduct and etiquette laid down by British Gymnastics (BG). All members are required to abide by these rules and parents are also reminded that the sport requires on occasions a hands-on approach when supporting, to train and ensure the safety of a gymnast.

Membership to the Club

A registration form is to be completed by all parents, or gymnasts aged 16 or over, who are seeking membership. Membership is open to all persons wishing to participate in gymnastics, subject to the availability of places. If there are no vacancies, then names will be placed on a waiting list in order of the date they enquired, and the Club Administrator will invite new gymnasts to join in this order once spaces become available. If an existing member wishes to move classes, then priority will be given to them and they can move to the required class subject to availability (they may need to wait for a space to become available).

Once a place has been offered and the place accepted, the gymnast must be or become a member of BG to become a full member of the club. A recreational gymnast will require Bronze membership (Bronze pre-school membership is available for gymnasts below school age) and a competitive gymnast will require Bronze or Silver depending upon which level they will be competing at. For gymnasts their BG membership is renewed annually and runs from the 1st of October to the following 30th of September. The parent will need to process their child's BG membership (or participant if over 16) before the commencement of their 3rd session, directly with BG at the following web address.

www.british-gymnastics.org/membership

Every member of Rowan Gymnastics club must be a member of BG and this is a fixed requirement of BG, if any member is not registered with BG, the clubs Insurance could be declared null and void and the gymnast will not be able to participate. Being a member of BG provides a gymnast with their own comprehensive insurance cover, covering them for Personal Accident and Public Liability. Additionally, membership also gives them the right to participate in the award schemes, record and perform music and to receive a membership package which includes a certificate and card. For full details of the benefits associated with BG membership, please refer to the following web address.

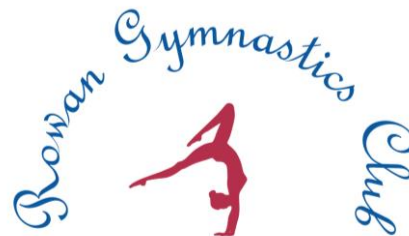
www.british-gymnastics.org/gymnasts/gymnast-membership/benefits

Once a gymnast is a full member of the club their place will be guaranteed (subject to them following the club's rules) and fees due until they give notice that they wish to terminate membership. To terminate membership with Rowan Gymnastics Club please refer to the section on Termination of membership. Where the gymnast is under the age of 16 the parent of a gymnast is liable for the payment of fees. For a recreational gymnast the fee for the whole of the half term is required once participation has taken place within that half term or once that half term has commenced. For Competitive gymnasts, fees are payable every month unless termination of membership is given by either side (see section on Termination of membership) and is liable for the full month once participation has taken place in that month or that month has commenced.

All members over the age of 18 will be entitled to attend the club's annual general meeting provided that they have attended the club within the period 3 months prior to the date of the annual general meeting. At the meeting they will be entitled to vote on all matters and for the purpose of the meeting they will be deemed to have 1 share in the club. Such deemed share will carry the same voting rights as an actual issued share of Rowan Gymnastics Club Ltd. All decisions shall be taken on a majority basis.

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Fees for Recreational Classes

Fees are to be paid half termly, as billed, in advance or by such arrangement as shall be made by the Club Management. It should be realised that payment is for a place in the class. Payment should be made by the due date, being the end of the previous half term and is non-refundable. The Club is sympathetic towards individual problems and therefore the Clubs Management is willing to discuss individual methods of payment, notwithstanding that the full payment of fees should be made before the end of the half term.

Fees for Competition Groups

Fees are to be paid monthly, as billed, in advance or by such arrangement as shall be made by the Club Management by the first class of that month and are non-refundable. The Club is sympathetic towards individual problems and therefore the Club Management is willing to discuss individual methods of payment, notwithstanding that the full payment of fees should be made before the end of the month.

Late Fees

For Recreational gymnasts, fees must be paid on or before the due date set for the relevant half term (this will be stated within the email or letter regarding fees sent out at the end of one half term for the relevant to the proceeding half term); for competition groups the due date is the 1st of each month for that month. Prompt payment using one of the payment methods (either payment into the club's bank account, by credit or debit card, or cash) saves the club a significant amount of time and money, savings which can be invested back into the club. For Recreational gymnasts, if no fee has been paid by the third week of the half term or for Competitive gymnasts if the months fees is not paid by the end of the month, then an administration fee can be charged. The Club Management reserves the right to terminate the membership of any person due to the non – payment of fees.

Code of Conduct

The following Code of Conduct is obligatory to all users of the facilities offered by Rowan Gymnastics Club this includes Participants, Coaches and Parents and visits to external venues.

- No activity, nor behaviour, of any person must cause damage of any kind to any other person.
- All Rowan Gymnastics Club property and equipment must be used and treated properly and used with due care and attention. **NO** outdoor shoes are allowed on any of the matted or sprung floor areas.
- No person under the influence of alcohol or drugs is allowed on the premises.
- Eating and drinking are only permitted in the designated areas.
- No smoking is permitted within the Clubs facilities.
- All users are required to adopt a civil, and non-aggressive attitude at all times. Complaints concerning any person's alleged failure to observe any part of the above Code of Conduct should be made in the first instance to the Head Coach using the BG Complaints/Grievance procedure, a copy of which can be obtained from the Head Coach or BG website.

Further or extending the points above, members will at all times co-operate with the coaches and other members and behave in a courteous and civil manner and maintain high standards of sportsmanship. Club discipline and behaviour is the responsibility of the coach in charge during training and competition. Outside class times parents are responsible for the behaviour, conduct and safety of their child or children. **Before leaving a child, it is the parent's responsibility to ensure that a session for that child is taking place.** Gymnasts should not enter the gymnasium at the start of a session unless a coach is present.

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Telephone: 01242 222806

Email: info@rowangymnasticsclub.org.uk

Website: www.rowangymnasticsclub.org.uk

Rowan Gymnastics Club Ltd is registered in
England and Wales Number 07730404

British
Gymnastics



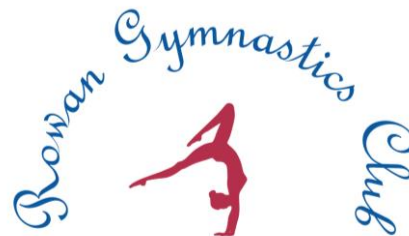
Safe
Effective
Child Friendly

GYMMARK ACCREDITED

CLUB
MARK

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No competitive gymnast may train at or represent any other gymnastic Club without the permission and prior agreement of the Head Coach as stated within the BG rules. No gymnast may receive payment for competing or allow their picture to be used for advertising without the permission of BG. ALL gymnasts must abstain from the use of any or all drugs listed as illegal substances and accept that over the age of twelve years they can be randomly tested at competitions. Any member accused of a serious breach of these rules or convicted of a criminal offence, pertinent to the Club or Sport, will be subject to the complaints and disciplinary procedure set out within the applicable BG policy.

Code of Dress

Gymnasts are expected to maintain the high standard of appearance demanded by the sport both in the interest of safety and aesthetic appearance. Therefore, they should be suitably attired. For Recreational gymnasts the minimum for boys is to be shorts and t-shirt or for girls, be shorts/leggings and t-shirt or a leotard. For Competitive gymnasts during an internal or external competition, girls should wear a club leotard and for boys a club leotard with shorts. For Competitive gymnasts during training, girls can wear a leotard of their choice with or without shorts and boys a leotard and shorts of their choice. Long hair should be neatly tied back in a ponytail or bun and hair should be well groomed. Headbands, Alice bands or hair clips or any product which protrudes are inappropriate, although plain hair grips can be used to pin back loose hair. Competition groups are required to purchase equipment as necessary in order for them to train and compete safely, e.g. club leotard and tracksuit, hand guards if applicable.

No jewellery or adornment is allowed to be worn. Blue plastic boxes are provided for gymnasts to store their belongings and the boxes should not be used for any other purpose. We do not recommend any valuables are kept within the boxes, nor can we take any responsibility for any valuables belonging to any gymnast.



Termination of Club Membership

If a member wishes to leave the Club, they should inform the Club Administrator in writing or via email giving as much notice as possible. The notification either in writing or via email must be given by the fee due date of the proceeding half term for recreational gymnasts or one month's notice for competition group gymnasts, to avoid being charged for the next period and so that their place can be offered to anyone on the waiting list. Any outstanding fees owed to the club must be paid prior to a gymnast leaving.

Dissolution of the Club

Should the club be dissolved, the club committee will be responsible for the winding up of the club's affairs and after settling all the clubs liabilities, the disposal of the remaining net assets shall be one or more of the following:

- To another club with similar sports purposes which is a registered charity and/or
- To another club with similar sports purposes which is a registered CASC and/or
- To the club's governing body for use by them for related community sports.

Signed:  Dated: 30/11/2019 Beth Holland – Head Coach/Director	Signed:  Dated: 30/11/2019 Katrina Powell – Head of Finance/Director
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